

**LITTLEHAMPTON TENNIS CLUB COVID19 PLAN**

**GET IN, PLAY, GET OUT**

Before attending ANEMBO Park to play tennis, please consider your individual situation noting that the COVID-19 virus can spread very quickly and result in very serious medical complications in some people. Like any activities, there are some inherent risks involved and by participating you are accepting those risks.

**COVIDSAFE APP**: Tennis encourages all participants to download the COVIDSafe app to help speed up the process of identifying anyone who has been in close contact with someone diagnosed with COVID-19.

**ANEMBO PARK VENUE**

Venue Size (approx 8800 m2) allows for the State Govt maximum of 80 people. Please remember to keep your distance from other people.

This venue is run by volunteers, therefore all indoor spaces including showers and changerooms are closed. There is a public toilet between the large clubroom and changerooms which remains open for emergency use only.

The canteen is closed

No chairs are being provided as SA Government regulations are asking parents to remain in their car. One supervisor per team allowed to assist players if required

**CLEAN ENVIRONMENT**

Hand Sanitiser is provided between every two courts.

Players are encouraged to read the signage around the venue

**BEFORE YOU PLAY**: You must stay at home if you:

* Have been in contact with someone with COVID-19 in the last 14 days
* Have been overseas or exposed to someone with COVID-19 in the last 14 days
* Have flu-like symptoms
* Or are in a high risk health category.

**ATTENDING TENNIS ACTIVITIES**

* Only people core to playing to attend tennis activities such as players, participants, coaches and operational personnel
* Arrive and leave as close as possible to when you need to be there – get in, play, get out
* Only one parent/guardian should accompany younger children where possible and they should remain in their car as per State Government legislation

**SOCIAL DISTANCING**

* Tennis holds a unique advantage as a sport which requires no direct contact between players.
* You can also:
  + Touch racquets instead of the regular pre or post match handshakes
  + Keep 1.5 metres away from other people while watching or attending an outdoors tennis activity
  + Clubrooms will remain closed to players and spectators. Club officials only

**PERSONAL BEHAVIOURS:**

To protect against infection, you should:

* Wash/sterilise your hands before and after you play and avoid touching your face while playing
* DO NOT share water bottles or towels.
* Bring your own full bottle and towel
* Wash your hands frequently with soap and water or hand-sanitiser when available, before and after eating, after going to the toilet, sneezing and coughing
* Cover your coughs and sneezes and dispose of any used tissue immediately
* Avoid touching your face
* Keep your distance from people who are obviously sick
* Be aware of what surfaces you touch and if you touch the on court equipment such as net, net handle, you must clean these before you leave.

Thank you for helping to keep our community COVID free

**LITTLEHAMPTON TENNIS CLUB COMMITTEE**